To My Students and Student-Athletes,

Together we find ourselves in an extraordinary situation with COVID-19. In the past few weeks, things have moved quickly, and this pandemic is affecting all of our communities, our families and our very way of life.

I am here to help you-I know how critical it is to stay connected to essential things in life such as Physical Fitness, Nutrition, and Recreational Sports Activities, which is why I am here for you if you have any questions. "Eagles SOAR!"



I Love & Miss You Guys,

Coach Tate

Athletic Director